Nowruz 1405

The tahvil: the moment of the March equinox, when the new year begins

The tahvil in Tehran

18:16

Friday · 20 March 2026

20 March 2026, 14:46 UTC

1 Farvardin 1405

Saturday · 21 March 2026

1 Farvardin is the tahvil's day when it comes before true noon on the 52.5° E meridian, Iran's clock; otherwise the day after.

The moment of the March equinox, from NASA JPL's DE440 ephemeris, as the Calendar Center at the University of Tehran sets the year.

The tahvil around the world

Auckland	Saturday · 21 March 2026	03:46
Sydney	Saturday · 21 March 2026	01:46
Mumbai	Friday · 20 March 2026	20:16
Karachi	Friday · 20 March 2026	19:46
Dubai	Friday · 20 March 2026	18:46
Berlin	Friday · 20 March 2026	15:46
London	Friday · 20 March 2026	14:46
Toronto	Friday · 20 March 2026	10:46
New York	Friday · 20 March 2026	10:46
Houston	Friday · 20 March 2026	09:46
Los Angeles	Friday · 20 March 2026	07:46
Vancouver	Friday · 20 March 2026	07:46

Local times, summer time included where it has begun.

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Farvardin 1405

March – April 2026

Fravardin – Ardibehesht 3764 Z.R.E.

Iranian (Bastani)

Sat	Sun	Mon	Tue	Wed	Thu	Fri
Hormazd **1** 21 Nowruz (Persian New Y...	Bahman **2** 22 Nowruz holiday	Ardibehesht **3** 23 Nowruz holiday	Shehrevar **4** 24 Nowruz holiday	Aspandad **5** 25	Khordad **6** 26 Khordad Sal (birthday...	Amardad **7** 27 Pilgrimage of Pir-e Her...
Dae-pa-Adar **8** 28 Pilgrimage of Pir-e Herisht	Adar **9** 29	Avan **10** 30	Khorshed **11** 31	Mohor **12** 1	Tir **13** 2 Nature Day (Sizdah Bed...	Gosh **14** 3
Dae-pa-Meher **15** 4	Meher **16** 5	Srosh **17** 6	Rashne **18** 7	Fravardin **19** 8 Farvardingan	Behram **20** 9	Ram **21** 10
Govad **22** 11	Dae-pa-Din **23** 12	Din **24** 13	Ashishvangh **25** 14	Ashtad **26** 15	Asman **27** 16	Zamyad **28** 17
Mahrespand **29** 18	Aneran **30** 19	Hormazd **31** 20				

Nowruz holidays · Zoroastrian observances · **1** Holiday · Nabor (meat-free)

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Ordibehesht 1405

April – May 2026

Ardibehesht – Khordad 3764 Z.R.E.

Iranian (Bastani)

Sat	Sun	Mon	Tue	Wed	Thu	Fri
			Bahman **1** 21	Ardibehesht **2** 22 Ordibeheshtgan	Shehrevar **3** 23	Aspandad **4** 24
Khordad **5** 25	Amardad **6** 26	Dae-pa-Adar **7** 27	Adar **8** 28	Avan **9** 29	Khorshed **10** 30 Maidyozarem Gahambar	Mohor **11** 1
Tir **12** 2 Maidyozarem Gahambar	Gosh **13** 3	Dae-pa-Meher **14** 4	Meher **15** 5	Srosh **16** 6	Rashne **17** 7	Fravardin **18** 8
Behram **19** 9 Panjah Bedar	Ram **20** 10	Govad **21** 11	Dae-pa-Din **22** 12	Din **23** 13	Ashishvangh **24** 14	Ashtad **25** 15 Ferdowsi Commemorat...
Asman **26** 16	Zamyad **27** 17	Mahrespand **28** 18	Aneran **29** 19	Hormazd **30** 20	Bahman **31** 21	

Iranian festivals · Zoroastrian observances · 1 Holiday · Nabor (meat-free)

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Khordad 1405

May – June 2026

Khordad – Tir 3764 Z.R.E.

Iranian (Bastani)

Sat	Sun	Mon	Tue	Wed	Thu	Fri
						Ardibehesht **1** 22
Shehrevar **2** 23	Aspandad **3** 24	Khordad **4** 25 Khordadgan	Amardad **5** 26	Dae-pa-Adar **6** 27	Adar **7** 28	Avan **8** 29
Khorshed **9** 30	Mohor **10** 31	Tir **11** 1	Gosh **12** 2	Dae-pa-Meher **13** 3	Meher **14** 4	Srosh **15** 5
Rashne **16** 6	Fravardin **17** 7	Behram **18** 8	Ram **19** 9	Govad **20** 10	Dae-pa-Din **21** 11	Din **22** 12
Ashishvangh **23** 13	Ashtad **24** 14 Pilgrimage of Pir-e Sabz (Chak-Chak) Pilgrimage of Seti Pir	Asman **25** 15	Zamyad **26** 16	Mahrespand **27** 17	Aneran **28** 18	Hormazd **29** 19 Communal remembrance (Parse)
Bahman **30** 20	Ardibehesht **31** 21					

Zoroastrian observances 1 Holiday Nabor (meat-free)

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Tir 1405

June – July 2026

Tir – Amardad 3764 Z.R.E.

Iranian (Bastani)

Sat	Sun	Mon	Tue	Wed	Thu	Fri
		Shehrevar **1** 22	Aspandad **2** 23	Khordad **3** 24	Amardad **4** 25	Dae-pa-Adar **5** 26
			Pilgrimage of Pir-e Narestaneh			
Adar **6** 27	Avan **7** 28	Khorshed **8** 29	Mohor **9** 30	Tir **10** 1	Gosh **11** 2	Dae-pa-Meher **12** 3
Pilgrimage of Pir-e Narestan...		Maidyoshahem Gahambar				
				Tirgan		
Meher **13** 4	Srosh **14** 5	Rashne **15** 6	Fravardin **16** 7	Behram **17** 8	Ram **18** 9	Govad **19** 10
Pilgrimage of Pars Banu						
Tirgan (popular date)						
Dae-pa-Din **20** 11	Din **21** 12	Ashishvangh **22** 13	Ashtad **23** 14	Asman **24** 15	Zamyad **25** 16	Mahrespand **26** 17
Aneran **27** 18	Hormazd **28** 19	Bahman **29** 20	Ardibehesht **30** 21	Shehrevar **31** 22		

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Mordad 1405

July – August 2026

Amardad – Shehrevar 3764 Z.R.E.

Iranian (Bastani)

Sat	Sun	Mon	Tue	Wed	Thu	Fri
					Aspandad **1** 23	Khordad **2** 24
Amardad **3** 25 Amordadgan	Dae-pa-Adar **4** 26	Adar **5** 27	Avan **6** 28	Khorshed **7** 29	Mohor **8** 30	Tir **9** 31
Gosh **10** 1	Dae-pa-Meher **11** 2	Meher **12** 3 Pilgrimage of Pir-e Naraki	Srosh **13** 4	Rashne **14** 5	Fravardin **15** 6	Behram **16** 7
Ram **17** 8	Govad **18** 9	Dae-pa-Din **19** 10	Din **20** 11	Ashishvangh **21** 12	Ashtad **22** 13	Asman **23** 14
Zamyad **24** 15	Mahrespand **25** 16	Aneran **26** 17	Hormazd **27** 18	Bahman **28** 19	Ardibehesht **29** 20	Shehrevar **30** 21 Shahrivargan
Aspandad **31** 22						

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Shahrivar 1405

August – September 2026

Shehrevar – Meher 3764 Z.R.E.

Iranian (Bastani)

Sat	Sun	Mon	Tue	Wed	Thu	Fri
	Khordad **1** 23	Amardad **2** 24	Dae-pa-Adar **3** 25	Adar **4** 26	Avan **5** 27	Khorshed **6** 28
Mohor **7** 29	Tir **8** 30	Gosh **9** 31	Dae-pa-Meher **10** 1	Meher **11** 2	Srosh **12** 3	Rashne **13** 4
Fravardin **14** 5	Behram **15** 6	Ram **16** 7	Govad **17** 8	Dae-pa-Din **18** 9	Din **19** 10	Ashishvangh **20** 11
Ashtad **21** 12	Asman **22** 13	Zamyad **23** 14	Mahrespand **24** 15	Aneran **25** 16	**Hormazd** **26** 17	Bahman **27** 18
Ardibehesht **28** 19	Shehrevar **29** 20	Aspandad **30** 21	Khordad **31** 22			

Paitishahem Gahambar

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Mehr 1405

September – October 2026

Meher – Avan 3764 Z.R.E.

Iranian (Bastani)

Sat	Sun	Mon	Tue	Wed	Thu	Fri
				Amardad **1** 23	Dae-pa-Adar **2** 24	Adar **3** 25
Avan **4** 26	Khorshed **5** 27	Mohor **6** 28	Tir **7** 29	Gosh **8** 30	Dae-pa-Meher **9** 1	Meher **10** 2 Mehregan
Srosh **11** 3	Rashne **12** 4	Fravardin **13** 5	Behram **14** 6	Ram **15** 7	Govad **16** 8 Mehregan (popular date)	Dae-pa-Din **17** 9
Din **18** 10	Ashishvangh **19** 11	Ashtad **20** 12 Ayathrem Gahambar	Asman **21** 13	Zamyad **22** 14	Mahrespand **23** 15	Aneran **24** 16
Hormazd **25** 17	Bahman **26** 18	Ardibehesht **27** 19	Shehrevar **28** 20	Aspandad **29** 21	Khordad **30** 22	

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Aban 1405

October – November 2026

Avan – Adar 3764 Z.R.E.

Iranian (Bastani)

Sat	Sun	Mon	Tue	Wed	Thu	Fri
						Amardad **1** 23
Dae-pa-Adar **2** 24	Adar **3** 25	Avan **4** 26 Abangan	Khorshed **5** 27	Mohor **6** 28	Tir **7** 29 Cyrus the Great Day	Gosh **8** 30
Dae-pa-Meher **9** 31	Meher **10** 1	Srosh **11** 2	Rashne **12** 3	Fravardin **13** 4	Behram **14** 5	Ram **15** 6
Govad **16** 7	Dae-pa-Din **17** 8	Din **18** 9	Ashishvangh **19** 10	Ashtad **20** 11	Asman **21** 12	Zamyad **22** 13
Mahrespand **23** 14	Aneran **24** 15	Hormazd **25** 16	Bahman **26** 17	Ardibehesht **27** 18	Shehrevar **28** 19	Aspandad **29** 20
Khordad **30** 21						

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Azar 1405

November – December 2026

Adar – Dae 3764 Z.R.E.

Iranian (Bastani)

Sat	Sun	Mon	Tue	Wed	Thu	Fri
	Amardad **1** 22	Dae-pa-Adar **2** 23	Adar **3** 24 Azargan	Avan **4** 25	Khorshed **5** 26	Mohor **6** 27
Tir **7** 28	Gosh **8** 29	Dae-pa-Meher **9** 30	Meher **10** 1	Srosh **11** 2	Rashne **12** 3	Fravardin **13** 4
Behram **14** 5	Ram **15** 6	Govad **16** 7	Dae-pa-Din **17** 8	Din **18** 9	Ashishvangh **19** 10	Ashtad **20** 11
Asman **21** 12	Zamyad **22** 13	Mahrespand **23** 14	Aneran **24** 15	Hormazd **25** 16 Deygan	Bahman **26** 17	Ardibehesht **27** 18
Shehrevar **28** 19	Aspandad **29** 20	Khordad **30** 21 Yalda Night (Shab-e Ch...				

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Dey 1405

December 2026 – January 2027

Dae – Bahman 3764 Z.R.E.

Iranian (Bastani)

Sat	Sun	Mon	Tue	Wed	Thu	Fri
			Amardad **1** 22	Dae-pa-Adar **2** 23 Deygan	Adar **3** 24	Avan **4** 25
Khorshed **5** 26 Zarthost-no-Diso (deat…	Mohor **6** 27	Tir **7** 28	Gosh **8** 29 Sir-o-Sur festival	Dae-pa-Meher **9** 30 Deygan	Meher **10** 31 Maidyarem Gahambar	Srosh **11** 1
Rashne **12** 2 Maidyarem Gahambar	Fravardin **13** 3	Behram **14** 4	Ram **15** 5	Govad **16** 6	Dae-pa-Din **17** 7 Deygan	Din **18** 8
Ashishvangh **19** 9	Ashtad **20** 10	Asman **21** 11	Zamyad **22** 12	Mahrespand **23** 13	Aneran **24** 14	Hormazd **25** 15
Bahman **26** 16 Bahmangan	Ardibehesht **27** 17	Shehrevar **28** 18	Aspandad **29** 19	Khordad **30** 20		

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Bahman 1405

January – February 2027

Bahman – Aspandad 3764 Z.R.E.

Iranian (Bastani)

Sat	Sun	Mon	Tue	Wed	Thu	Fri
					Amardad **1** 21	Dae-pa-Adar **2** 22
Adar **3** 23	Avan **4** 24	Khorshed **5** 25 Nowsareh festival	Mohor **6** 26	Tir **7** 27	Gosh **8** 28	Dae-pa-Meher **9** 29
Meher **10** 30 Sadeh	Srosh **11** 31	Rashne **12** 1	Fravardin **13** 2	Behram **14** 3	Ram **15** 4	Govad **16** 5
Dae-pa-Din **17** 6	Din **18** 7	Ashishvangh **19** 8	Ashtad **20** 9	Asman **21** 10	Zamyad **22** 11	Mahrespand **23** 12
Aneran **24** 13	Hormazd **25** 14 Communal remembran...	Bahman **26** 15	Ardibehesht **27** 16	Shehrevar **28** 17	Aspandad **29** 18 Sepandarmazgan	Khordad **30** 19

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Esfand 1405

February – March 2027

Aspandad – Gatha days 3764 Z.R.E.

Iranian (Bastani)

Sat	Sun	Mon	Tue	Wed	Thu	Fri
Amardad **1** 20	Dae-pa-Adar **2** 21	Adar **3** 22	Avan **4** 23	Khorshed **5** 24 Esfandgan (popular date)	Mohor **6** 25	Tir **7** 26
Gosh **8** 27	Dae-pa-Meher **9** 28	Meher **10** 1	Srosh **11** 2	Rashne **12** 3	Fravardin **13** 4	Behram **14** 5
Ram **15** 6	Govad **16** 7	Dae-pa-Din **17** 8	Din **18** 9	Ashishvangh **19** 10	Ashtad **20** 11 Muktad (Farvardegan days)	Asman **21** 12
Zamyad **22** 13 Muktad (Farvardegan days)	Mahrespand **23** 14	Aneran **24** 15	+1 Ahunavad **25** 16 Hamaspathmaidyem Gahambar	Ushtavad **26** 17	Spentomad **27** 18	Vohukhshathra **28** 19
Vahishtoisht **29** 20 Hamaspathmaidyem Gaham... Muktad (Farvardegan days)						

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